



Rock'n'Roll

HALF MARATHON SAN FRANCISCO

Mile	Course Element
0.6	Silent Entertainment Activation
1.0	Band Stage
1.6	Band Stage
1.6	Water Station
2.1	Medical Tent
2.5	Band Stage
2.9	Water Station
3.1	Band Stage
3.6	Silent Entertainment Activation
3.6	<i>wear blue</i> Mile
3.8	Medical Tent
4.1	Water & Gatorade Station
6.0	Water & SIS Energy Gel Station
6.1	Medical Tent
6.1	Band Stage
6.9	Water & Gatorade Station
8.9	Water, Gatorade & SIS Energy Gel Station
9.2	Medical Tent
9.3	Medical Tent
9.4	Silent Entertainment Activation
10.1	Medical Tent
11.2	Band Stage
11.2	Water Station
11.5	Band Stage
11.9	Medical Tent
12.2	Water & Gatorade Station
12.4	Band Stage
12.9	Band Stage